

## Autism Society BC North

Social group for adults age 17 and over with Asperger's.

Plans are for the group to meet at least twice monthly for informal and fun activities; to help adults with Asperger's make new friends, share stories and improve social skills.

Email: [cwalker@autsismbc.ca](mailto:cwalker@autsismbc.ca)

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## Peyak Li Moond Métis Society

Peyak Li Moond Métis Society is a non-profit organization dedicated to educating, celebrating and preserving Métis heritage, culture and traditions and identify while fostering unity and community partnerships.

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## PG Hospice Society

Prince George Hospice Society is looking for new volunteers to be a part of our volunteer team in Rotary Hospice House. The activities include companionship, grief support, and helping with the dinner for our guests and families in Rotary Hospice House. If you have a heart for caring and listening, we would like to have you with us.

Please contact Catherine for more information.

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## PG Parkinsons Support Group

We offer support for individuals & families affected by Parkinson's & other neurological disorders. Weekly activity at Northern Sport Centre for members. Volunteers needed to help with raffle tickets, fundraisers, SuperWalk (Sept), etc.

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## Shepherd's Corner

Shepherd's Corner is a drop-in center at 1204-2nd Ave. All people are welcome at this center and are treated with dignity and respect.

Duties of volunteers are listening in a non-judgmental way to our guests, making and serving coffee, and helping as needed. Volunteering at Shepherd's Corner provides excellent experience for those who are considering studies in the helping profession.

It is a rewarding place to volunteer for those who are retired. We are looking for volunteers for either 2 hour sessions(10 am-noon; or noon -2pm) or 4 hours (10 am-2 pm) once a week. We can accommodate your schedule based on your availability. We are open Monday to Friday.

If you are interested, please feel free to drop into the center or contact [rochoa@pgdiocese.ca](mailto:rochoa@pgdiocese.ca) or call (250) 710-7819

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## PG Hospice Society

The Solace Centre Programs:

- Broken Circle is an adult bereavement program
- Rainbows is a children's grief and loss program (ages 5-15 years old)
- Grief and Grub for Guys: men's only bereavement program
- Tea Time for the Soul: casual drop-in to share your grief story.

Mondays 3:00-5:00pm and Saturday 9:00-11:00am. No registration required

Other resources include:

- Lending library. Books can be borrowed for up to 3 weeks.
- Drop in for educational materials on grief and loss.
- Compassion Friends meet here on the 2nd Wednesday of each month.