

## Autism Society BC North

Social group for adults age 17 and over with Asperger's.

Plans are for the group to meet at least twice monthly for informal and fun activities; to help adults with Asperger's make new friends, share stories and improve social skills.

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## PG Hospice Society

The Solace Centre Programs:

- Broken Circle is an adult bereavement program
- Rainbows is a children's grief and loss program (ages 5-15 years old)
- Grief and Grub for Guys: men's only bereavement program
- Tea Time for the Soul: casual drop-in to share your grief story.

Mondays 3:00-5:00pm and Saturday 9:00-11:00am. No registration required

Other resources include:

- Lending library. Books can be borrowed for up to 3 weeks.
  - Drop in for educational materials on grief and loss.
  - Compassion Friends meet here on the 2nd Wednesday of each month.
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## PG Parkinsons Support Group

We offer support for individuals & families affected by Parkinson's & other neurological disorders. Weekly activity at Northern Sport Centre for members. Volunteers needed to help with raffle tickets, fundraisers, SuperWalk (Sept), etc.