

## Parent Support Services

For caregivers of all ages! Parent & grandparent raising grandchildren support circles and parenting classes offered in Fall & Spring. Teaching caregivers to help their children develop self-esteem, responsibility, and courage. Learn tips for clear communication and respectful discipline. No cost.

Contact: Jessica Turner at [parentnorth@shaw.ca](mailto:parentnorth@shaw.ca)

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## Pregnancy Care Centre

Volunteers needed for organizing practical items, helping with special events, counseling women with crisis pregnancy issues. Volunteers are required to sign a statement of faith.

New location at #210 – 575 Quebec Street.

For information, contact Client Services Director, Alison Townrow, at [info@pgpcc.ca](mailto:info@pgpcc.ca).