

Upcoming Training



Volunteering for the Crisis Centre can be a very rewarding experience. The work, although at times challenging, is very fulfilling. Many people from all walks of life, with many different life experiences and backgrounds, choose to volunteer. You do not need any experience, we will ensure you are fully trained and prepared to answer all the calls.

There are many benefits to volunteering with the Crisis Centre. Volunteering brings us into contact with people and issues that we might otherwise not encounter. These experiences can cause us to re-evaluate long-held beliefs and prejudices. In time, new beliefs may arise that are truer to our expanded experience of life.

Volunteering offers career changers opportunities to explore new career fields, try out new skills and gain work experience for their resume. Also, volunteerism provides many opportunities for leaving a legacy. Through volunteering, one can have a lasting impact on individuals, institutions and even communities.

If you are an empathic, caring individual interested in giving back to your community, please find out more about volunteering with us. We would love to have you on board!

We are currently interviewing for our January 2020 Training.

Next Volunteer Training

The dates for January training include (and you must be available for all of these):

January 11th and 12th – Classroom training

January 18th and 19th- ASIST

January 25th and 26th Classroom training

For more information call Emily at 250-564-9312 or
email: program.coordinator@crisis-centre.ca